Sarah Davis - Congenital Heart Defects

Overview: Sarah Davis, a 30-year-old graphic designer, was born with congenital heart defects, structural abnormalities in the heart present from birth.

Sarah Davis - Symptoms:

1. Shortness of breath, especially during physical activities.
2. Cyanosis (bluish tint to the skin or lips) in severe cases.
3. Fatigue and limited exercise tolerance.

Sarah Davis - Diagnosis: Sarah's congenital heart defects were identified through a combination of imaging studies, such as echocardiograms, and clinical assessments.

Sarah Davis - Treatment: Medications: Prescribed medications to manage symptoms and improve heart function. Possibly underwent surgical interventions or catheter-based procedures to repair or alleviate the congenital heart defects. Regular follow-up with a cardiologist for ongoing care.